



KEY VOCABULARY

Gestation period

The **time in which a foetus develops**, beginning with fertilization and ending at birth. It lasts nine months in humans

Adolescence

The **period** following the onset of puberty during which **a young person develops from a child into an adult**

Puberty

The period during which adolescents **reach sexual maturity and become capable of reproduction**

Hormone

A chemical released in a gland that travels to other parts of the body where it **helps control how cells and organs do their work**

Growth stage

**Infancy, childhood, adolescence, and adulthood** are human growth stages before old age

Changes in Puberty

- Muscles and bones grow larger
- Females develop breasts and their hips widen
- Males shoulders widen and their voice deepens
- Both females and males grow hair under their arms and around their genitals
- Females start menstruating (periods begin)
- Males produce sperm in testes
- Hormonal changes produce mood swings



HUMAN GROWTH STAGES

Gestational Periods

Mouse



20 Days

Dog



2 Months

Polar Bear



8 Months

Human



9 Months

Elephant



21 Months